

— Vitamins, Minerals & Dietary Fatty Acids

Vitamins

Vitamins are substances that your body needs to grow and develop normally. There are 13 vitamins your body needs. They are Vitamin A, B vitamins (thiamine, riboflavin, niacin, pantothenic acid, biotin, vitamin B-6, vitamin B-12 and folate), Vitamin C, Vitamin D, Vitamin E, and Vitamin K.

Hide

— VITAMIN E, ALPHA... **17.9**
(mg/L) Range: 5.7-19.9

VITAMIN E, ALPHA TOCOPHEROL

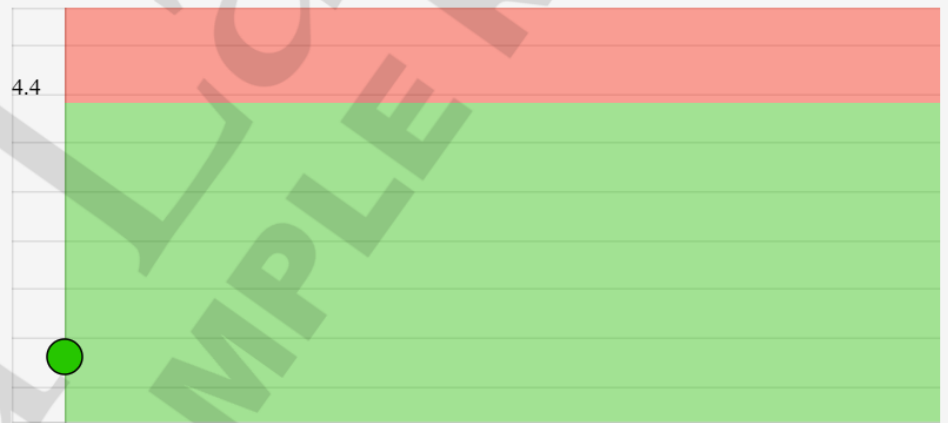
(mg/L)



— VITAMIN E, BETA ... **1.8**
(mg/L) Range: <4.4

VITAMIN E, BETA GAMMA TOCOPHEROL

(mg/L)



Result Comments

Vitamin E is used as an antioxidant and influences immune function. It helps to protect cell membranes from damaging oxidative stress. A clinical deficiency of vitamin E may cause motor and sensory neuropathy in adults. One likely cause of vitamin E deficiency is intestinal malabsorption, resulting from bowel disease, pancreatic disease, or chronic cholestasis. Other

causes of malabsorption of vitamin E include celiac disease, cystic fibrosis, and intestinal lymphangiectasia.

For more information, visit <https://ods.od.nih.gov/factsheets/VitaminE-HealthProfessional/>

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics Nichols Institute, Chantilly, VA. It has not been cleared or approved by the FDA. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.

Uita Lab Tests
SAMPLE RESULTS