

— Metabolic & Endocrine Health

The endocrine system is the collection of glands, each of which secretes different types of hormones that regulate metabolism, growth and development, tissue function, sexual function, reproduction, ... [See more](#)

Metabolic Hormones

Hormones formed in the endocrine system that are involved in controlling the rate and direction of metabolism.

IGF 1, LC/MS
(ng/mL)

192

Range: 50-317

IGF 1, LC/MS

(ng/mL)

The insulin-like growth factor-1 (IGF-1) test is an indirect measure of the average amount of growth hormone (GH) being produced by the body. IGF-1 and GH are polypeptide hormones, small proteins that ... [See more](#)



Z SCORE (MALE)
(SD)

0.7

Range: -2.0 - +2.0

Z SCORE (MALE)

(SD)

z Score. A z-score (aka, a standard score) indicates how many standard deviations an element is from the mean. A z-score can be calculated from the following formula. $z = (X - \mu) / s$ where z is the z-score, ... [See more](#)

Result Comments

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics. It has not been cleared or approved by the FDA. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.