

— Vitamins, Minerals & Dietary Fatty Acids

Vitamins

Vitamins are substances that your body needs to grow and develop normally. There are 13 vitamins your body needs. They are Vitamin A, B vitamins (thiamine, riboflavin, niacin, pantothenic acid, biotin, vitamin B-6, vitamin B-12 and folate), Vitamin C, Vitamin D, Vitamin E, and Vitamin K.

Hide

VITAMIN C
(mg/dL)

0.8

Range: 0.3-2.7

VITAMIN C

(mg/dL)

Vitamin C is an antioxidant. It is important for your skin, bones, and connective tissue. It promotes healing and helps the body absorb iron.



Result Comments

Vitamin C results can be affected by poor temperature control during sample transport. If test results are below the normal range and do not correlate with clinical findings, recollection may be appropriate and specimen temperature at -70°C should be ensured. To shorten the time between collection and transport, please collect sample after 12 noon.

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics Nichols Institute, Chantilly, VA. It has not been cleared or approved by the FDA. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.