

— Vitamins, Minerals & Dietary Fatty Acids

Vitamins

Vitamins are substances that your body needs to grow and develop normally. There are 13 vitamins your body needs. They are Vitamin A, B vitamins (thiamine, riboflavin, niacin, pantothenic acid, biotin, vitamin B-6, vitamin B-12 and folate), Vitamin C, Vitamin D, Vitamin E, and Vitamin K.

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— VITAMIN A (RETIN...
(mcg/dL)

47

Range: 38-98

VITAMIN A (RETINOL)

(mcg/dL)



Result Comments

Vitamin A is critical for vision, growth, and many cell functions. High levels of Vitamin A are associated with bone fractures, and is also seen with renal failure, but is not associated with toxicity from excessive ingestion. Low concentrations of Vitamin A are consistent with fat malabsorption and are rarely due to inadequate diet.

For more information, visit <https://ods.od.nih.gov/factsheets/VitaminA-HealthProfessional/>

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics Nichols Institute, Chantilly, VA. It has not been cleared or approved by the FDA. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.