

— Vitamins, Minerals & Dietary Fatty Acids

Vitamins

Vitamins are substances that your body needs to grow and develop normally. There are 13 vitamins your body needs. They are Vitamin A, B vitamins (thiamine, riboflavin, niacin, pantothenic acid, biotin, vitamin B-6, vitamin B-12 and folate), Vitamin C, Vitamin D, Vitamin E, and Vitamin K.

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VITAMIN B6, PLAS...

13.8

(ng/mL)

Range: 2.1-21.7

VITAMIN B6, PLASMA

(ng/mL)



Result Comments

Vitamin B6 (pyridoxine) is a coenzyme involved in hundreds of different reactions including amino acid metabolism and hemoglobin synthesis. It is also necessary for the nervous system and immune system.

For more information, visit <https://ods.od.nih.gov/factsheets/VitaminB6-HealthProfessional/>

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics Nichols Institute, Chantilly, VA. It has not been cleared or approved by the FDA. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.