

— Vitamins, Minerals & Dietary Fatty Acids

Vitamins

Vitamins are substances that your body needs to grow and develop normally. There are 13 vitamins your body needs. They are Vitamin A, B vitamins (thiamine, riboflavin, niacin, pantothenic acid, biotin, vitamin B-6, vitamin B-12 and folate), Vitamin C, Vitamin D, Vitamin E, and Vitamin K.

Hide

VITAMIN B2
(nmol/L)

19.6

Range: 6.2-39.0

VITAMIN B2

(nmol/L)



Result Comments

Vitamin B2, or riboflavin, is a coenzyme involved in energy production, cellular function, growth, and development; metabolism of fats, drugs, and steroids, and is required for the metabolism of other B vitamins. Low levels can result in lesions of the mouth and skin, corneal vascularization, hair loss, anemia, and personality changes.

For more information, visit <https://ods.od.nih.gov/factsheets/Riboflavin-HealthProfessional/>

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics Nichols Institute, Chantilly, VA. It has not been cleared or approved by the FDA. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.